



## Scientific Programme

**Thursday, 13 October 2022**

**08.30 – 09.30 Registration and welcome and introduction to ESTs2**

Group 1, 2

P. Kallidonis, Patras (GR)

**09.30 – 11.00 Hands-on training**

Group 1

**09.30 – 11.00 Theoretical**

Group 2

**09.30 – 10.00 Laser technology for stones (fragmentation, dusting, and basketing)**

*P. Kronenberg*

**10.00 – 10.30 Access sheath, guidewire, stents, and accessories**

*B. Ballesta Martinez*

**10.30 – 11.00 How to establish a safe access in flexible ureteroscopy?**

*T. Tokas*

**11.00 – 11.15 Coffee break**

**11.15 – 12.45 Hands-on training**

Group 2

**11.15 – 12.45 Theoretical**

Group 1

**11.15 – 11.45 Laser technology for stones (fragmentation, dusting, and basketing)**

*P. Kronenberg*

**11.45 – 12.15 Access sheath, guidewire, stents, and accessories**

*B. Ballesta Martinez*

**12.15 – 12.45 How to establish a safe access in flexible ureteroscopy?**

*T. Tokas*

**12.45 – 13.45 Lunch**

**13.45 – 15.15 Hands-on training**

Group 1

**13.45 – 15.15 Theoretical**

Group 2

**13.45 – 14.15 Exit strategy in flexible ureteroscopy**

*T. Tokas*

**14.15 – 14.45 Follow-up and metabolic evaluation after stone treatment**

*P. Kronenberg*

**14.45 – 15.15 EAU Guidelines and expanding the indications of flexible ureteroscopy**

*B. Ballesta Martinez*

**15.15 – 15.30 Coffee break**



**15.30 – 17.00 Hands-on training**

Group 2

**15.30 – 17.00 Theoretical**

Group 1

**15.30 – 16.00 Exit strategy in flexible ureteroscopy**

*T. Tokas*

**16.00 – 16.30 Follow-up and metabolic evaluation after stone treatment**

*P. Kronenberg*

**16.30 – 17.00 EAU Guidelines and expanding the indications of flexible ureteroscopy**

*B. Ballesta Martinez*

**17.00 – 17.15 Closure of the day**



**08.30 – 10.00 Hands-on training**

Group 1

**08.30 – 10.00 Case supported discussion & presentation**

Group 2

*B. Ballesta Martinez / P. Kronenberg / T. Tokas*

**08.30 – 08.50 Impacted ureter stone**

**08.50 – 09.10 Big stone treatment with URS**

**09.10 – 09.30 Calcium oxalate monohydrate stone vs calcium oxalate dehydrate stone laser strategy**

**09.30 – 09.45 Lower pole stone**

**09.45 – 10.00 UTI/bleeding/ureteral damages/other**

**10.00 – 10.15 Coffee break**

**10.15 – 11.45 Hands-on training**

Group 2

**10.15 – 11.45 Case supported discussion & presentation**

Group 1

*B. Ballesta Martinez / P. Kronenberg / T. Tokas*

**10.15 – 10.35 Impacted ureter stone**

**10.35 – 10.55 Big stone treatment with URS**

**10.55 – 11.15 Calcium oxalate monohydrate stone vs calcium oxalate dehydrate stone laser strategy**

**11.15 – 11.30 Lower pole stone**

**11.30 – 11.45 UTI/bleeding/ureteral damages/other**

**11.45 – 12.00 Take home message**

**12.00 – 13.00 Lunch**

**Group 1,2 leave**

**12.00 – 13.00 Lunch and registration group 3,4**

**13.00 – 13.30 Welcome and introduction to ESTs2**

Group 3, 4

*P. Kallidonis, Patras (GR)*

**13.30 – 15.00 Hands-on training**

Group 3

**13.30 – 15.00 Theoretical**

Group 4

**13.30 – 14.00 Laser technology for stones (fragmentation, dusting, and basketing)**

*P. Kronenberg*

**14.00 – 14.30 Access sheath, guidewire, stents, and accessories**

*B. Ballesta Martinez*

**14.30 – 15.00 How to establish a safe access in flexible ureteroscopy?**

*T. Tokas*



**15.00 – 15.30** Coffee break

**15.30 – 17.00** Hands-on training

Group 4

**15.30 – 17.00** Theoretical

Group 3

**15.30 – 15.50** Laser technology for stones (fragmentation, dusting, and basketing)

*P. Kronenberg*

**16.10 – 16.30** Access sheath, guidewire, stents, and accessories

*B. Ballesta Martinez*

**16.30 – 17.00** How to establish a safe access in flexible ureteroscopy?

*T. Tokas*

**17.00 – 17.15** Closure of the day



## Saturday, 15 October 2022

### 08.00 – 09.30 Hands-on training

Group 3

### 08.00 – 09.30 Theoretical

Group 4

### 08.00 – 08.30 Exit strategy in flexible ureteroscopy

*T. Tokas*

### 08.30 – 09.00 Follow-up and metabolic evaluation after stone treatment

*P. Kronenberg*

### 09.00 – 09.30 EAU Guidelines and expanding the indications of flexible ureteroscopy

*B. Ballesta Martinez*

### 09.30 – 10.00 Coffee break

### 10.00 – 11.30 Hands-on training

Group 4

### 10.00 – 11.30 Theoretical

Group 3

### 10.00 – 10.30 Exit strategy in flexible ureteroscopy

*T. Tokas*

### 10.30 – 11.00 Follow up and metabolic evaluation after stone treatment

*P. Kronenberg*

### 11.00 – 11.30 EAU Guidelines and expanding the indications of flexible ureteroscopy

*B. Ballesta Martinez*

### 11.30 – 12.30 Lunch

### 12.30 – 14.00 Hands-on training

Group 3

### 12.30 – 14.00 Case supported discussion & presentation

Group 4

*B. Ballesta Martinez / P. Kronenberg / T. Tokas*

### 12.30 – 12.50 Impacted ureter stone

### 12.50 – 13.10 Big stone treatment with URS

### 13.10 – 13.30 Calcium oxalate monohydrate stone vs calcium oxalate dehydrate stone laser strategy

### 13.30 – 13.45 Lower pole stone

### 13.45 – 14.00 UTI/bleeding/ureteral damages/other

### 14.00 – 14.15 Coffee break

### 14.15 – 15.45 Hands-on training

Group 4



**14.15 – 15.45 Case supported discussion & presentation**

Group 3

*B. Ballesta Martinez / P. Kronenberg / P. Kallidonis*

**14.15 – 14.35 Impacted ureter stone**

**14.35 – 14.55 Big stone treatment with URS**

**14.55 – 15.15 Calcium oxalate monohydrate stone vs calcium oxalate dehydrate stone laser strategy**

**15.15 – 15.30 Lower pole stone**

**15.30 – 15.45 UTI/bleeding/ureteral damages/other**

**15.45 – 16.00 Take home message**

Group 3,4